

Utah Law Enforcement Peer Support Certification Training

Sponsored by: Peace Officer Standards and Training (POST)

Date: March 30-31, 2020

Time: 0800-1700

Location: POST (410 W. 9800 S. Sandy, UT 8470) Room 114

-To register for the training, please register through the Acadis Portal.

For account access questions, email – support@utahpost.org

Limited seats are available

2-day Basic Peer Support Course Objectives

- Introduction to Peer Support, Principles and Purpose.
- Confidentiality.
- Legal and Ethical Considerations.
- Resilience and Self-Care Strategies.
- Introduction to Peer Support Tools and Skills (listening, recognizing and identifying concerns, appropriate responses, crisis and post critical incident response, suicide prevention, etc.)
- Hands-on and Experiential Training

INSTRUCTOR SUMMARY

Nayi Partridge is a Trainer and Resilience Development Director for the Partridge Group in Riverton, Utah. She has created the Utah POST certified Peer Support curriculum. Along with holding national certifications in Trauma Studies and as a Mindfulness Practitioner, she is a DOJ-certified trainer in Law Enforcement Peer Support and Suicide Prevention. She has assisted numerous organizations in Utah, Wyoming, Montana, Idaho and Texas to develop train, cultivate and improve mental health resources, and establish and maintain peer support units. She specializes in building and maintaining resilience and psychological health in first responders. Nayi is an experienced trainer and advocate for public safety personnel, families, and their agencies, and has been invited to present and train various organizations and events including The Utah Governor's Safety Summit, The Utah Chiefs of Police Association, The Utah Chapter of the FBI National Academy Associates, Police Wives of Utah, International Association of Chiefs of Police, Utah Public Information Officer's Association and other city and state agencies.

**** Cost: \$150 per person – Contact Nayi Partridge at 801-244-0002 to pay by credit card or send a check to The Partridge Group at 1291 West 12600 South, Suite 102 Riverton, UT 84065**